

Wild Rose & Rose Quartz Bath Salts

Soothe • Hydrate • Uplift

How to Use

🛁 Bath: Add ½–1 cup to warm water. Soak for 20–30 minutes, rinse, and pat skin dry.

🦶 Foot Soak: Add ¼–½ cup for a calming ritual that softens skin and relaxes the mind.

Tips

🌿 Finely ground botanicals dissolve easily — no clogged drains, no mess.

🌸 Use in the evening for a calming, heart-opening ritual.

Skin & Body Radar

✅ Tension • Dull or dry skin • Emotional fatigue • Self-care rituals

❌ Avoid use on broken or freshly shaved skin

Pro Tip

Pair your soak with soft candlelight and a few deep breaths — rose quartz energy is said to promote self-love and emotional balance.

Safety Note

⚠️ Contains natural magnesium and mineral salts, which may cause mild stinging on broken skin. External use only.

Alchemy Note

A mineral-rich salt blend infused with wild rose petals to nourish, Himalayan and sea salts to replenish, and rose quartz crystals to inspire calm and self-love — a gentle floral ritual for body and spirit.